

Deluxe Lumbar Sacral Support LS-200 Instructions

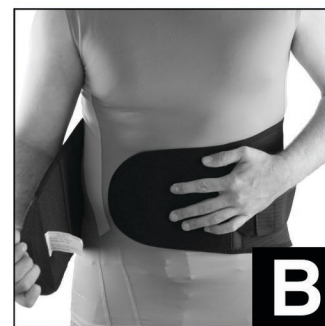
BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

INDICATIONS

The LS-200 Deluxe Lumbar Sacral Support provides stability and support for sprains and strains of the lower spine, spinal stenosis, displacement of intervertebral discs, and chronic low back pain. Effective in providing compression and support for the lower lumbar area.

APPLICATION

1. Begin by loosening both compression pulls (outer straps). Center the brace so that the posterior panel is centered with your back as shown. Fig. A
2. Pull the closure (inside) straps around the abdomen, overlapping the left with the right, and attach via the Velcro provided. Make sure the belt fits snug around the waist, and the posterior panel is still centered with your back. Fig. B
3. Simultaneously pull both compression (outer) straps towards the front closure of the belt until the desired level of compression is achieved and attach to the Velcro on the front of the belt. Tighten and re-adjust as needed. (For optimum compression, it is suggested to lie on a flat surface, once the brace is fully fit, and re-adjust the compression straps.) Fig. C



CLEANING INSTRUCTIONS

Hand wash with warm water and mild soap and rinse well; making sure to remove all soap residue, as it can cause skin irritation as well as deterioration of the orthosis. Air dry. Do not expose to direct heat or sunlight while drying to prevent shrinkage and damage.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.